

Pre-op Instructions – Please Read Before Your Surgery

- Make sure you that your referring physician has sent a copy of your pathology report from your biopsy if your biopsy was not done at Bain Dermatology. You may also bring a copy of this report with you to ensure that we have it. Often times referring physicians send these reports to our practice directly. You are always welcome to call us to verify that we have this.
- Please make sure that you are able to identify the site on your body which is scheduled to have surgery. Should you not be able to identify the site, your surgery may be postponed until proper confirmation with your referring physician is available. Any photographs that you have (taken by yourself or your referring physician) are always helpful.
- Please **do not stop any of your medications including anticoagulants (blood thinners)** such as aspirin, clopidogrel (Plavix), warfarin (Coumadin), etc. If you are taking aspirin as a preventative medicine **ONLY**, and have never had a heart attack or a stroke, you may stop aspirin a week prior to surgery.
- Although you are permitted from a medical standpoint to drive yourself home following your surgery, we recommend that someone accompany you.
- If you are scheduled for Mohs micrographic surgery, please plan to be with us for most of the day given the time it takes for processing of tissue, examination of tissue margins and reconstruction of the surgical wound. Please do not make any scheduled business, travel or other types of engagements immediately following your surgery given the difficulty in predicting when your surgery will be complete. We also ask that you not travel out of town for the first 48 hours following your surgery.
- We recommend patients and their guests bring reading materials of their choice, books, newspapers, e-reader, tablet, etc. Guest Wi-Fi is provided by Bain Dermatology.
- Please eat breakfast the morning of your surgery. Light snacks and coffee will be available for you during waiting periods and downtime.